

Thursday, March 19 (continued)

4:45 pm

Connect with Dr. Heather R. Haberman, Assistant Professor of Family & Child Studies - The Robbie Auger Watson Endowed Professorship & Dr. Amy Yates, Assistant Professor of Family & Child Studies and Director of Human Ecology at Louisiana Tech University to discuss online health information seeking over tea/coffee.

5:00 pm

Connect with Rebecca Lee, PhD, Associate Professor of Health and Human Performance, University of Houston to walk briskly on the beach and talk about the ecologic milieu of physical activity, dietary habits and obesity in America and beyond.

5:30 pm

Connect with Jennifer O'Loughlin, PhD Epidemiology, Professor, University of Montreal for a walk along the beach and a discussion about research on youth smoking.

Connect with Fikry Isaac, MD, MPH, Executive Director, Global Health Services, Johnson & Johnson- and Chief Medical Officer, Wellness & Prevention Inc. over a drink to discuss what we are missing on the health promotion front or if have we covered it all.

Connect with Margaret Moore, BS, MBA Chairman & CEO, Wellcoaches Corporation & Co-Director, Institute of Coaching, McLean Hospital/Harvard Medical School for a glass of wine and discussion on the most important coaching experiences in our lives.

Friday, March 19

8:00 am

Connect with Mouneer Odeh, MA, Director of Health Informatics at Quest Diagnostics for a lively discussion over breakfast on the role of behavioral economics in the design and management of health promotion programs.

20TH ANNUAL
ART AND SCIENCE OF
HEALTH PROMOTION
CONFERENCE

MARCH 15 – 19, 2010

WESTIN RESORT
HILTON HEAD ISLAND, SOUTH CAROLINA

Making Connections

In an effort to help people meet others with similar interests, and to develop a sense of community at the conference, especially among those who are traveling alone or attending the conference for the first time, we are offering a way for you to be successful in "Making Connections." Through Making Connections, people can get together to eat, walk, talk, go for a run, go dancing, see the sites, listen to music... whatever is stimulating and fun. Each Connection is led by a prominent conference attendee. Many are conference speakers or editors of the *American Journal of Health Promotion*. All of them are committed to helping others learn and form great professional relationships.

2010

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ART AND SCIENCE OF
HEALTH PROMOTION
CONFERENCE

www.HealthPromotionConference.org

Making Connections

All Connections meet at the **Savannah Foyer** at the Westin.

Wednesday, March 17

6:30 am

Connect with Christina Marshall, founder of the Intrinsic Coaching methodology, and Emily Hanka, Liaison for new Intrinsic Coach professionals for breakfast and a discussion on coaching.

7:00 am

Connect with Brian Luke Seaward, Ph.D., Executive Director, Paramount Wellness Institute, for a seaside chat about the healing power of nature as a coping technique for worksite stress.

7:15 am

Connect with Holly Iftner, Sr. Director of US Operations for Healthier Company, Tier 1 Marathon Coach and ACSM HFS, for an 'all paces welcome' walk/run along the beautiful shoreline and Westin property paths.

7:30 am

Connect with Judd Allen, PhD, President, Human Resources Institute for a walk on the beach and a discussion of how to increase cultural support provided by managers, peers, and housemates within the community.

8:00 am

Connect with Christina Marshall, founder of the Intrinsic Coaching methodology, and Emily Hanka, Liaison for new Intrinsic Coach professionals for breakfast and a discussion on coaching.

8:00 am

Connect with Holly Iftner, Sr. Director of US Operations for Healthier Company, Tier 1 Marathon Coach and ACSM HFS, for breakfast and to compare notes about beginner to advanced run and walk training, races, nutrition and staying injury free.

12:30 pm

Connect with Brian Luke Seaward, Ph.D., Executive Director, Paramount Wellness Institute, for a seaside chat about the coming "SuperStress Epidemic" and implications for personal health.

Connect with Liz York, Chief Sustainability Officer for the Centers for Disease Control and Prevention, for a discussion on ways to encourage wellness program participation by linking other interests, such as environmental stewardship, with wellness activities.

Connect with Ed Framer, PhD, Director of Health & Behavioral Sciences with Health Fitness Corporation to find a fast lunch and discuss issues in Health Risk Assessment - past, present and future.

5:45 pm

Connect with David Anderson, PhD, Chief Health Officer, StayWell Health Management to exchange ideas for creating healthy worksite culture.

5:45 pm

Connect with Margaret Moore, BS, MBA Chairman & CEO, Wellcoaches Corporation & Co-Director, Institute of Coaching, McLean Hospital/Harvard Medical School for a glass of wine and discussion on the most important coaching experiences in our lives.

6:00 pm

Connect with Bill McPeck, MSW, CWWPC, of Maine State Government and Mari Ryan, MBA, MHP, CWWPC, CEO of Advancing Wellness for a discussion worksite wellness programs in small businesses.

Thursday, March 18

6:30 AM

Connect with Marion Olsen, MBA, Director of Marketing, Wellsource, Inc. to jog (10 min mile pace) along the waterfront and enjoy casual networking.

7:15 am

Connect with Holly Iftner, Sr. Director of US Operations for Healthier Company, Tier 1 Marathon Coach and ACSM HFS, for an 'all paces welcome' walk/run along the beautiful shoreline and Westin property paths.

7:30 am

Connect with Judd Allen, PhD, President, Human Resources Institute for a walk on the beach and a discussion of how to increase cultural support provided by managers, peers, and housemates within the community.

Connect with Antronette K. (Toni) Yancey, MD, MPH, Professor, Health Services, Co-director, Center to Eliminate Health Disparities, UCLA School of Public Health. Take a walk and discuss how to make prolonged sitting as socially unacceptable as smoking, or drinking and driving.

8:00 am

Connect with Janet R. Wojcik, Ph.D., Assistant Professor, Exercise Science, Winthrop University, Rock Hill, SC to talk about improving the bike-ability of our communities.

12:30 pm

Connect with Jon Spence, PhD, Roehampton University, UK, Subject Leader for Physical Education; Jim McKenna, PhD, Professor of Physical Activity and Health, Leeds Metropolitan University; and, David Morley, PhD, Head of Education, Education and Special Projects, UK, for lunch and a discussion on increasing physical activity for children in educational environments.

Connect with Mari Ryan, MBA, MHP, CWWPC, CEO of Advancing Wellness, for lunch and a discussion on the Health Promotion Entrepreneur's Network.

Connect with Liz York, AIA, LEED, AP, Chief Sustainability Officer for the Centers for Disease Control and Prevention, for a discussion on ways to encourage wellness program participation by linking other interests, such as environmental stewardship, with wellness activities.

Connect with Ann Sabbag, MS, President, Health Designs, Inc to brainstorm on how to get the most out of onsite health screenings.

Connect with Ed Framer, PhD, Director of Health & Behavioral Sciences with Health Fitness Corporation to find a fast lunch and discuss issues in Health Risk Assessment - past, present and future.